



ZÄHRINGER OL-WEEKEND

OL REGIO BURGDORF & OLG BERN

Streckendaten • 2. Nationaler OL Langdistanz (A) • Sonntag, 29.03.2026**

| Kategorie | Distanz (km) | Steigung (m) | Anzahl Posten | Masstab |
|-----------|--------------|--------------|---------------|----------|
| HE | 16.5 | 340 | 32 | 1:15'000 |
| HAL | 11.6 | 240 | 18 | 1:15'000 |
| HAM | 7.9 | 160 | 13 | 1:10'000 |
| HAK | 4.3 | 100 | 10 | 1:7'500 |
| HB | 5.7 | 110 | 11 | 1:10'000 |
| H35 | 8.7 | 170 | 17 | 1:10'000 |
| H40 | 8.9 | 180 | 16 | 1:10'000 |
| H45 | 8.7 | 170 | 16 | 1:10'000 |
| H50 | 8.7 | 170 | 15 | 1:7'500 |
| H55 | 8.4 | 160 | 14 | 1:7'500 |
| H60 | 7.9 | 150 | 14 | 1:7'500 |
| H65 | 7.3 | 130 | 12 | 1:7'500 |
| H70 | 6.5 | 120 | 11 | 1:7'500 |
| H75 | 4.9 | 100 | 10 | 1:7'500 |
| H80 | 4.0 | 75 | 8 | 1:7'500 |
| H85 | 2.9 | 60 | 7 | 1:7'500 |
| H20 | 13.2 | 260 | 25 | 1:15'000 |
| H18 | 11.1 | 200 | 20 | 1:15'000 |
| H16 | 8.1 | 180 | 12 | 1:15'000 |
| H14 | 6.2 | 130 | 11 | 1:10'000 |
| H12 | 4.5 | 80 | 12 | 1:10'000 |
| H10 | 2.3 | 25 | 8 | 1:10'000 |



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|-----------|--------------|--------------|---------------|----------|
| DE | 12.7 | 260 | 22 | 1:15'000 |
| DAL | 9.3 | 200 | 18 | 1:15'000 |
| DAM | 6.4 | 130 | 11 | 1:10'000 |
| DAK | 3.6 | 60 | 7 | 1:7'500 |
| DB | 4.9 | 90 | 10 | 1:10'000 |
| D35 | 5.8 | 130 | 9 | 1:10'000 |
| D40 | 7.2 | 140 | 10 | 1:10'000 |
| D45 | 7.6 | 140 | 12 | 1:10'000 |
| D50 | 6.9 | 130 | 11 | 1:7'500 |
| D55 | 6.2 | 120 | 11 | 1:7'500 |
| D60 | 6.1 | 120 | 10 | 1:7'500 |
| D65 | 5.5 | 100 | 10 | 1:7'500 |
| D70 | 4.7 | 95 | 9 | 1:7'500 |
| D75 | 3.5 | 60 | 9 | 1:7'500 |
| D80 | 3.3 | 40 | 7 | 1:7'500 |
| D20 | 10.8 | 190 | 19 | 1:15'000 |
| D18 | 9.0 | 180 | 17 | 1:15'000 |
| D16 | 6.9 | 160 | 12 | 1:15'000 |
| D14 | 5.7 | 130 | 11 | 1:10'000 |
| D12 | 4.4 | 80 | 11 | 1:10'000 |
| D10 | 2.2 | 25 | 8 | 1:10'000 |

| Kategorie | Distanz (km) | Steigung (m) | Anzahl Posten | Masstab |
|-----------|--------------|--------------|---------------|---------|
| OL | 5.4 | 110 | 11 | 1:7'500 |
| OM | 4.2 | 75 | 7 | 1:7'500 |
| OK | 3.1 | 40 | 8 | 1:7'500 |